ENG

THE NEW WAY TO BRUNCH & SUSHI

ZENAMIGOS

COFFEE • BRUNCH • SUSHI

MENU

CARRER DE LORETO, 52, LES CORTS,
BARCELONA

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START & SHARE

EDAMAME 4.5

Steamed soy beans finished with maldon sea salt.

TRUFFLE EDAMAME 4.9

Edamame tossed with truffle oil and Maldon sea salt.

CHICKEN GYOZAS (4 PCS) 5.5

Japanese dumplings filled with chicken and vegetables, served with teriyaki sauce.

VEGETABLE GYOZAS (4 PCS) 5.2

Japanese dumplings filled with vegetables, served with teriyaki sauce.

CHICKEN KARAAGE (5 PCS) 5.9

Japanese-style fried chicken marinated in soy sauce, garlic and ginger, served with kimchi mayo.

CRISPY PANKO PRAWN (4 PCS) 5.9

King prawns coated with japanese panko breadcrumbs.

MISO SOUP 4.9

Traditional miso soup with tofu, wakame seaweed, mushrooms and spring onion.

POKE BOWL & SALAD

SALMON BOWL 13.9

Sushi rice, fresh salmon, avocado, mango, edamame, furikake mix, crispy onion, sesame dressing

TERIYAKI KATSU BOWL 13.5

Sushi rice, chicken katsu, edamame, mango, avocado, carrot, sesame dressing, house teriyaki glaze

ZEN CLASSIC BOWL 12.9

Sushi Rice, poached egg, avocado, mango, edamame, cherry tomat, zanahoria, sesame dressing

MISO QUINOA TOFU SALAD 13.5

Sautéed marinated tofu, quinoa, mixed green leaves, avocado, edamame, cucumber, carrot, pickled onion, toasted sesame seeds, miso dressing

Add-ons: + Confit Prawns **5.5** + Poached / Fried egg **2.5**

CHEF'S NIGIRI 14.5

One of each Nigiri (6 pcs) :
Salmon, Tuna, Eel, Salmon Cheese, Avocado, Quail Egg

FRESH SUSHI ROLLS

8 Pieces

MAKI SALMON 6,5

MAKI ATUN 6,9

CRUNCHY SALMON ROLL (6 pcs) 12.9

Fresh salmon, cream cheese, cucumber, avocado, panko, house teriyaki glaze, japanese mayo

MARINA ROLL 10.9

Crispy tempura prawns, cream cheese, avocado, tobiko

TUNA SPICY 11.5

Tuna spicy, cream cheese, avocado, tobiko

ZEN ROLL 11.9

Cucumber, mango, arugula, avocado, carrot, cheese, sweet chili, fried onion, sesame mix

DRAGON 13.5

Cream cheese, crispy tempura prawns, asparagus, avocado, japanese mayo, house teriyaki glaze

DEGUSTACIÓN SAKE 13.9

Fresh salmon, cheese, avocado, japanese mayo, chives, trout roe

ATUNMANIA 14.3

Tuna, salmon tartare, cheese, mango, avocado, tobiko, chives , atunmania sauce, fried onion

FRENZY ROLL 14.9

Eel, crispy tempura prawns, avocado, house teriyaki glaze, asparagus , furikake mix

ZEN SIGNATURE (Recommended for 1) 22.9

Maki tuna (4 pcs), Maki mango (4 pcs), Dragon roll (4 pcs), Salmon roll (4 pcs), Nigiri quail egg (1 p), Nigiri salmon (1 p)

WARM NOODLES & RICE

YAKISOBA / UDON

Japanese stir-fried noodles with vegetables and your choice of chicken or prawns.

VEGETABLE 11.5
CHICKEN 12.9
PRAWNS 13.5

YAKIMESHI

Japanese fried rice with egg, vegetables and your choice of chicken or prawns.

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ALL DAY BRUNCH

MISO MUSHROOM TOAST 9.5

Toasted multigrain bread (1 pc) with miso butter topped with sauteed mushrooms, scrambled egg with cheese, pickled onion, sprouts and herb oil

Add-ons : + Smoked Salmon **3.9** + Sliced Avocado **2.5** + Grilled Halloumi **3.9**

ZEN AVOCADO TOAST 12.5

Toasted multigrain bread (2 pcs) topped with guacamole, poached or scrambled eggs, sesame mix, feta cheese, radish, pickled onion, sprouts and Herb Oil

Add-ons : + Smoked Salmon **3.9** + Smoked Bacon **3.9** + Grilled Halloumi **3.9**

CLASSIC BENNY 12.9

English muffin topped with sautéed spinach, smoked bacon, poached egg , dill, sprouts and yuzu hollandaise served with mixed green salad

Add-ons : + Smoked Salmon **3.9** + Avocado **2.5** + Grilled Halloumi **3.9**

SALMON BENNY 13.5

English muffin topped with sautéed spinach, smoked salmon, poached egg , dill, sprouts, furikake, ikura and yuzu hollandaise served with mixed green salad

Add-ons : + Smoked Bacon **3.9** + Avocado **2.5** + Grilled Halloumi **3.9**

ZENAMIGOS LUNCH SET 18.5

Vegetable yakimeshi with egg, served with miso soup, edamame, sesame sautéed mushrooms and homemade kimchi

KARAAGE & WAFFLE 13.5

Japanese karaage chicken with sweet chili, waffles, arugula, fried egg, pico de gallo, kimchi sauce, maple syrup

Add-ons : + Smoked Bacon **3.9**

GUACAMOLE EGG SANDO 12.9

Toasted bread, guacamole, scrambled eggs with cream cheese, green leaves and pickled onion served with spiced potato fries and kimchi sauce

Add-ons : + Smoked Salmon **3.9** + Smoked Bacon **3.9** + Grilled Halloumi **3.9**

SMOKED SALMON BAGEL 13.5

Seeded Bagel, smoked salmon, philadelphia cream cheese, pickled onion, avocado, capers, dill, arugula served with beetroot hummus

Add-ons : + Smoked Bacon **3.9** + Grilled Halloumi **3.9** + Fried Egg **2.5**

MISO HALLOUMI BAGEL 12.9

Seeded Bagel, miso honey glazed halloumi, fried egg, avocado, arugula, pickled onion and creamy miso yogurt sauce with cucumber served with beetroot hummus

Add-ons : + Smoked Bacon **3.9** + Smoked Salmon **3.9**

SWEET FAVORITES

PANCAKE 12.9

Homemade red berry compote, vanilla ice cream, berries, banana, crumble , maple syrup

Add-ons : + Nutella **2.1** + Peanut Butter **2.1**

AÇAÍ BOWL 12.9

A nutrient - packed açaí bowl with fresh berries, banana, coconut flakes , granola with honey and chia seeds

YOGURT WITH GRANOLA 11.5

Creamy greek yogurt topped with granola with honey, fresh seasonal fruits , homemade red berries compote and strawberry

CHEESECAKE 6.5

Homemade red berries compote, strawberries

ZENAMIGOS DUO 39.9

(To share for 2)

+ Chicken Gyoza (4 u)
+ Fresh Dragon Roll (8 u)
+ Poke Bowl o Zen Avocado Toast (Choose)
+ Water or Cold drinks or 20cl Beer

BUILD YOUR OWN BRUNCH

- Scrambled eggs / Fried Egg / Poached Egg (2pcs) **4.6**
- 3 eggs omelette **5,6** with cheese **1,5** / Spinach **1.5** / Cooked Ham **1,5** / Onion **1** / Pepper **1** / Mushroom **1,5**

• Smoked Bacon	**3.9**	• Mixed green leaves	**2.5**
• Smoked Salmon	**3.9**	• Guacamole	**3.5**
• Grilled Halloumi	**3.9**	• Karaage Chicken	**5.9**
• Homemade kimchi	**3.9**	• Sautéed Mushrooms	**5.5**
• Toasted Bread	**2.5**	• Sweet Potato fries	**5.9**
• Gluten free bread	**2.9**	• Spiced Potato fries	**5.5**
• Sliced Avocado	**2.5**	• Sautéed Tofu	**4.5**

Gluten free bread available

ZENAMIGOS FAVORITES

VEGETERIAN · CONTAINS GLUTEN · CRUSTACEANS · CONTAINS LACTOSE · CONTAINS FISH · CONTAINS DRY FRUITS · CONTAINS SOY · VEGAN

- **If you have any food alergies or intolerances, please speak to a member of our team before placing your order.**

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DRINKS

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COFFEE

ESPRESSO	1.7
CORTADO	1.9
AMERICANO	2.0
DOUBLE ESPRESSO	2.4
COFFEE WITH MILK	2.2
CAPPUCCINO	2.9
FLAT WHITE	2.8
MATCHA LATTE	4.5
CHAI LATTE	3.9
VANILLA LATTE	4.1

COLD COFFEE

ICED LATTE	3.5
ICED CHAI LATTE	4.7
ICED MATCHA LATTE	4.9
ICED VANILLA LATTE	4.9
ICED AMERICANO	2.9
ICED FLAT WHITE	3,5

ADD

Oat or Soy or Coconut Milk	0.3

TEA 3.0

Green tea, red tea , pennyroyal mint, ginger & limon, chamomile, rooibos

FRESH JUICES ⭐

FRESH ORANGE JUICE 4.9

ZEN IMMUNE 6.5

Apple, celery, pineapple, lime , ginger, cucumber

TROPICAL ENERGY 6.5

Carrot, orange, apple, pineapple

RUBY BOOST 6.5

Beetroot, carrot, orange, lime, ginger

BRUNCH COCKTAILS

MIMOSA ⭐ 5.9

Cava • orange

APEROL SPRITZ 8.0

Aperol • cava • soda

SMOOTHIES

ZEN AÇAÍ ⭐ 6.5

Açaí, banana, coconut milk , red berries

MORNING PARADISE 6.3

Oats, oat milk, banana, chia seeds, cinnamon

CREAMY SMOOTHIE 6.3

Banana, honey, strawberries, peanut butter, greek yogurt

WINES

	COPA
HOUSE WINE (WHITE OR RED)	3.9
RAMON BILBAO (WHITE OR RED)	4.5
TINTO DE VERANO	4.9
SANGRÍA	5.5
VERMOUTH YZAGUIRRE	5.5

TRIO OF SAKES ⭐ 9.0

A tasting of three different styles of japanese sake.

Harushika Junmai Ginjo
Fresh & fruity

Daiginjo Gekkeikan TM
Elegant & refined

Gekkeikan Tokusen
Traditional & refined

DRINKS

WATER 0,5 L	2.2
SPARKLING WATER 0,5 L	2.4
COLD DRINKS	2.5

Coca-Cola, Coca-Cola Zero, Fanta , Nestea, Aquarius

TONIC WATER	2.6
RED BULL (250 ml)	3.1
CACAOLAT (275 ml)	2.6
BEER 0,33 L	2.8

0% Alcohol , Estrella Galicia , Gluten free, Clara

ASAHI 0,33 L ⭐ 3.5

Japanese Premium Lager

PRICES IN EUROS • VAT INCLUDED